



Currumbin Valley Rescue - Year 5 & 6

Overview

CALLING ALL CADETS! Currumbin Valley Rescue wants you!

Will you be the next class of enthusiastic cadets to complete our three-module teamwork training camp?

Currumbin Valley Cadets aspire to:

- Communicate well with others,**
- Value their teammates, and demonstrate**
- Resilience when times get tough!**

Currumbin Valley Rescue is a two-night residential camp set in and around our beautiful valley setting. The students are enlisted as 'cadets' and on arrival are inducted into their teams—Alpha, Bravo and Charlie.

The cadet teams will then work together to complete three training modules that are built around a team response to a rescue scenario. Students will have opportunities to contribute positively to groups, devise strategies and negotiate roles and responsibilities. They will also be required to step out of their comfort zone, set personal goals and reflect on individual and team achievements alongside areas for improvement.



Curriculum Intent

General Capabilities

Personal and Social Capability

Self-management

Devise strategies and formulate plans to assist in the completion of challenging tasks and the maintenance of personal safety.

Social management

Contribute to groups and teams, suggesting improvements in methods used for group investigations and projects.

Self-awareness

Describe the influence that personal qualities and strengths have on their learning outcomes.

Social awareness

Identify the differences between positive and negative relationships and ways of managing these.

Health and Physical Education

Movement and Physical Activity

Participate positively in groups and teams by encouraging others and negotiating roles and responsibilities (ACPMPO67)



Camp Activities Overview

Vertical Rescue

This module will see each cadets given multiple opportunities to climb the 10 meter rock climbing tower. Cadets will be responsible for fitting harnesses, belaying the climber and completing pre-climbing safety checks. In the final section of the vertical rescue module, the students will be faced with a rescue scenario – a bush walker who has fallen from a ledge and needs immediate assistance. Will the cadets have the skills and teamwork required to rescue the patient?

River Rescue

In this module the cadets will be required to coordinate a water-based rescue. Communication skills will be vital! After receiving reports of one or more injured patients at the nearby Currumbin Rock Pools, cadets will use two-way radio communication to follow the directions from base command and locate the injured patients. The module will include patient management as a first responder, transportation of patients using a stretcher and the design and construction of an emergency raft to reach the final evacuation point.

Lost Bushwalker

In this training module, the cadets receive reports of a lost bushwalker in the Gold Coast hinterland. Using information gathered from a frantic voice message, the cadets must assemble at their last known location and attempt to track down the missing person. Hot on the trail, the cadets will encounter a range of team challenges to overcome and while searching for clues that they are on the right track. Will the cadets find our missing person before it's too late.

Sample Program

DATE:	DAY PROGRAM	NIGHT PROGRAM		
DAY 1	10.00am - ARRIVAL / INDUCTION & SITE ORIENTATION 10.45am - MORNING TEA / TEACHER BRIEFING 11.00am - ACCOMODATION SET UP	7.00pm – 9.00pm NIGHT WALK (camp staff) CAMP FIRE (Run by visiting staff)		
	ICE BREAKERS / TEAM FRAMEWORK			
	12.00pm - LUNCH 1.00pm - AFTERNOON ACTIVITIES			
	ALPHA LOST BUSHWALKER		BRAVO VERTICAL RESCUE	CHARLIE RIVER RESCUE
	4.00pm - RECREATION TIME / SHOWERS 5.30pm - DINNER			
DAY 2	6.45am - MORNING FITNESS SESSION 7.30am - BREAKFAST 8.30am - MORNING REFLECTION / ACTIVITIES	7.00pm – 9.00pm MOVIE NIGHT (Run by visiting staff)		
	RIVER RESCUE		LOST BUSHWALKER	VERTICAL RESCUE
	12.00pm - LUNCH 1.00pm - AFTERNOON ACTIVITIES			
	VERTICAL RESCUE		RIVER RESCUE	LOST BUSHWALKER
	4.00pm - RECREATION TIME / SHOWERS 5.30pm - DINNER			
DAY 3	6.00am - BELONGINGS PACKED AND TAKEN TO DEPARTURE AREA - CLEANING OF ACCOMODATION 7.30am - BREAKFAST 8.30am - MORNING ACTIVITIES	<div style="border: 2px solid black; padding: 5px;"> <p>IMPORTANT NOTE: Areas shaded in grey are the responsibility of Visiting Teachers. The above night program activities are a guide only.</p> </div>		
	CELEBRATION DAY			
	12.00pm - LUNCH 1.00pm - DEPART			